

**Boarding School Survivor Women
CONTINUATION DAYS**

For women who have already completed both weekends of a Boarding School Survivor Workshop.

Saturdays December 4th 2010, April 2nd, September 10th and December 10th 2011

It will be possible with advance booking to attend just one day, or to sign up for the year at a reduced rate. Costs will depend on how many attend, but our main concern is to get these up and running as well as affordable. Initially days will be held in London between 10am and 6pm.

Facilitators will be Pippa Foster and Nicola Miller. They both lead the Boarding School Survivor Workshops and are part of the team with Nick Duffell, Darrel Hunneybell and Helena Lovendal. The days will be designed to provide structure and focus for your ongoing personal development irrespective of whether you are currently in therapy. They will provide space for reconnecting with your 'survivor' self and listening to what she needs now. We will use creative ways to support her so she can increasingly relax and grow up to enrich your adult woman's life. The days provide the potential for an ongoing group, which could become a valuable source of mutual encouragement and support.

To book a place, please contact Nicola or Pippa in person, details below.

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